



# Portugal 2025



serving the Portuguese sports movement



## Vision and Mission

Word and Action is an association in Portugal dedicated to supporting sports ministries by fostering personal and spiritual growth through sports. Founded by Antonio and friends, it partners with local organizations to create a collaborative network, providing resources and events to empower athletes of all ages and backgrounds.

## Project Context:

The Word and Action Association operates within the Portuguese sports ministry landscape, aiming to support spiritual and personal growth through sports. The association collaborates with local churches, agencies, sports ministries and individuals creating a supportive network across Portugal. Word and Action's focus includes both elite and community-level athletes, offering inclusive programs for youth, parents, and broader sports communities. This context allows Word and Action to strengthen the sports ministry network, fostering sustainable growth and impact.



## Goals and Objectives:

1. Empower and Connect Sports Ministries Across Portugal
2. Foster Community and Collaboration
3. Promote Personal and Spiritual Growth through Sports
4. Organize Gatherings and Events
5. Ensure Financial Sustainability
6. Provide Partnership and Support for ECSU

# How we serve:

- Supports and empowers sports ministries across Portugal
- Organizes initiatives in the areas of Go Sports, Go Play, and Go Fitness that bring people together.
- Facilitates community-building through regular meetings, events, and large gatherings, aiming to connect athletes, families, and sports ministry leaders.
- Provides resources, encouragement, and training to help sports ministries sustain and grow their impact.
- Partners with ECSU for additional support, including connections, training, and assistance in organizing events for the sports ministry community.



## Prayer requests

- Pray for open doors and receptive hearts among local churches, organizations, and communities, enabling fruitful partnerships that will strengthen the ministry and reach more athletes.
- Pray for strong relationships, trust, and unity among team members and partner organizations, allowing them to work effectively together and support one another without competition.



**ECSU**  
European Christian Sports Union



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## More information:

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