

Para Sports

Growing All Ability Sports in Togo



Our Vision

To foster inclusivity, empowerment, and visibility for athletes with disabilities by promoting paralympic sports, specifically football, athletics, wheelchair tennis and wheelchair table tennis, as a means to inspire resilience, camaraderie, and understanding across communities in West Africa and beyond.

Project Context:

In Togo, people with disabilities continue to face social, economic, and structural barriers that limit access to sports. Para-sport federations exist but often operate with minimal resources, limited equipment, and few opportunities for training or exchange. Despite these challenges, athletes and leaders demonstrate remarkable resilience and commitment. The Para Sport Togo Project responds to this reality by:

- Strengthening federation leadership and collaboration
- Supporting capacity building through conferences and trainings
- Providing sport equipment where it is most needed
- Increasing visibility and advocacy for inclusion through sport



Looking back:

2026 has been a year of continued growth, connection and development for para-sport in Togo. A Sports, Culture and Leisure Event for people with visual impairments brought together 205 participants from Togo, Benin and Burkina Faso, while a Para Table Tennis Boost Camp in Cacaveli gathered 19 players from four regions of Togo for three days of training and development. Alongside these activities, continuous meetings and conversations with people involved in para-sport in Togo and across West Africa are helping to exchange experiences, strengthen cooperation and shape the future development of this area of sport. Training and follow-up activities continue step by step. The tennis team also received much-needed sports equipment and materials, for which the athletes and team are very grateful. These developments are helping to create stronger connections and more sustainable opportunities for athletes with disabilities.

Plans for 2026:

- Strengthen para-sport cooperation in Togo and West Africa.
- Expand regular training in para table tennis and wheelchair tennis.
- Support athletes, coaches and local coordinators in their development.
- Continue regional meetings, exchange and collaboration.
- Reach more athletes across different regions of Togo.
- Build partnerships and mobilize equipment, funding and logistical support.



Watch a video about the Para-sport federation conference 2026 in Togo here or scan the QR-code

Needs:

- Funding for conferences, leadership trainings, and coordination meetings
- Sport wheelchairs for tennis and basketball training
- Crutches for amputee football
- Balls, nets, and training material for para-athletics and table tennis
- Logistical and administrative support for para-sport federations



Prayer requests:

- For unity and wisdom among para-sport federations in Togo as they work together toward a shared vision
- For provision of resources—equipment, finances, and skilled partners
- For changing societal attitudes and growing respect for athletes with disabilities
- For protection, health, and perseverance of athletes and leaders on the ground



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